

Abuse, Trauma, and Dissociative Disorders

Educational Resources

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*Books marked** are particularly appropriate for consumers.*

BOOKS - ABUSE AND POSTTRAUMATIC STRESS

- Alpert, J. (Ed.). (1996). *Sexual abuse recalled: Treating trauma in the era of the recovered memory debate*. Northvale, NJ: Jason Aronson.
- American Psychological Association. (1996). *Violence and the family: Report of the American Psychological Association presidential task force on violence and the family*. Washington, DC: Author.
- Briere, J. (1992). *Child abuse trauma: Theory and treatment of the lasting effects*. Newbury Park, CA: Sage Publications.
- Briere, J. (1996). *Therapy for adults molested as children: Beyond survival (2nd Ed.)*. New York: Springer.
- Briere, J. (1997). *Psychological assessment of adult posttraumatic states*. Washington, DC: American Psychological Assoc.
- Carlson, E. (Ed.). (1996). *Trauma research methodology*. Lutherville, MD: Sidran Press.
- Chu, J.A. (1998). *Rebuilding shattered lives: The responsible treatment of complex posttraumatic and dissociative disorders*. New York: Wiley.
- Classen, C., & Yalom, I. (Ed.). (1995). *Treating women molested in childhood*. San Francisco: Jossey-Bass.
- Cohen, B.M., Barnes, M.M., & Rankin, A. B. (1995). *Managing traumatic stress through art*. Lutherville, MD: Sidran Press. **
- Courtols, CA. (1988). *Healing the incest wound: Adult survivors in therapy*. New York: W. W. Norton.
- Courtols, C.A. (1993). *Adult survivors of child sexual abuse*. Milwaukee, WI: Families International.
- Courtols, CA. (in press). *Recollections of sexual abuse: Treatment principles and guidelines*. New York: W. W. Norton.
- Davies, J., & Frawley, M. (1994). *Treating the adult survivor of childhood sexual abuse: A psychoanalytic perspective*. New York: Basic Books.
- Donaldson, M.A., & Cordes-Green, S. (1994). *Group treatment of adult incest survivors*. Thousand Oaks, CA: Sage.
- Finkelhor, D. (1984). *Child sexual abuse: New theory and research*. New York: Free Press.
- Gil,E. (1984). *Outgrowing the pain*. Rockville, NM: Launch Press. ** [Rockville, NID 800/321-9167]
- Harris,M.,etal. (1998). *Trauma recovery and empowerment: A clinician's guide for working with women in groups*. New York: Free Press.
- Herman,J. (1992). *Trauma and recovery*. New York: Basic Books.
- Hunter,M.(Ed.). (1990). *The sexually abused mate (Vols.1-2)*. Lexington, MA: Lexington Books
- Kepler,J. (1995). *Healing tasks: Psychotherapy with adult survivors of childhood abuse*. San Francisco: Jossey-Bass. **
- Kluft, R.P. (Ed.). (1990). *Incest-related syndromes of adult psychopathology*. Washington, DC: American Psychiatric Press.
- Knapp, S. J., &VandeCreek, L. (1997). *Treating patients with memories of abuse: Legal risk management*. Washington, DC: American Psychological Assoc.
- Linehan, M. M. (1993). *Cognitive-behavioral treatment of borderline personality disorder*. New York: Guilford.
- Linehan, M. M. (1993). *Skills training manual for treating borderline personality disorder*. New York: Guilford.
- Maltz, W. (1991). *The sexual healing journey: A guide for survivors of sexual abuse*. New York: Harper Collins.
- McCann, I., & Pearlman, L. (1990). *Psychological trauma and the adult survivor: Theory, therapy, and transformation*. New York: Brunner/Mazel.
- Napier, N. J. (1993). *Getting through the day: Strategies for adults hurt as children*. New York: W. W. Norton.
- Nathanson, D. (1992). *Shame and pride: Affect, sex, and the birth of self*. New York: W. W. Norton.
- Pearlman, L., & Saakvitne, K. (1995). *Trauma and the therapist: Counter transference and vicarious traumatization in psychotherapy with incest survivors*. New York: W. W. Norton.
- Pope, K. S., & Brown, L. S. (1996). *Recovered memories of abuse: Assessment, therapy, forensics*. Washington, DC: American Psychology Association
- Pynoos, R. S. (Ed.). (1994). *Posttraumatic stress disorder: A clinical review*. Lutherville, MD: Sidran Press.
- Salter, A. (1995). *Transforming trauma: A guide to understanding and treating adult survivors of child sexual abuse*. Thousand Oaks, CA: Sage Publications.
- Terr, L. (1990). *Too scared to cry: Psychic trauma in childhood*. New York: Harper & Row. **
- Terr, L. (1994). *Unchained memories: True stories of traumatic memories, lost and found*. New York: Basic Books. **
- van der Kolk, B. (1987). *Psychological trauma*. Washington, DC: American Psychiatric Press.
- van der Kolk, B., McFarlane, A., & Weisaeth, L. (Eds.). (1996). *Traumatic stress: The effects of overwhelming experience on mind, body, and society*. New York: Guilford.
- Webb, L. P., & Leehan, J. (1996). *Group treatment for adult survivors of abuse: A manual for practitioners*. Thousand Oaks, CA: Sage.
- Wilson, J. (1989). *Trauma, transformation, and healing*. New York: Brunner/Mazel.

Wilson, J., & Lindsey, J. (Eds.). (1994). *Counter transference in the treatment of PTSD*. New York: Guilford.
Wilson, J., & Raphael, B. (Eds.). (1993). *International hand book of traumatic stress syndromes*. New York: Plenum Press.

BOOKS – DISSOCIATIVE DISORDERS

Cohen, B. M., & Cox, C. T. (1995). *Telling without talking: Art as a window into the world of multiple personality*. New York: W. W. Norton.
Cohen, B. M., Giller, E., & W., L. (Eds.). (1991). *Multiple personality disorder from the inside out*. Lutherville, NM: Sidran Press. **
Gil, E. (1990). *United we stand.- A book for people with multiple personalities*. Rockville, MD: Launch Press.
Hockings, S.J. (1992). *Living with your selves*. Rockville, MD: Launch Press. **
Kluft, R. P., & Fliege, C. (Eds.). (1993). *Clinical perspective on multiple personality disorder*. Washington, DC: American Psychiatric Press.
Lynn, S. J., & Rhue, J. (Eds.). (1994). *Dissociation: Clinical and theoretical perspectives*. New York: Guilford.
Power, E. (1992). *Managing our selves*. Brentwood, TN: E Power & Associates. **
[E Power & Associates, P. O. Box 2346, Brentwood, TN 37024]
Putnam, F. W. (1989). *Diagnosis and treatment of multiple personality disorder*. New York: Guilford.
Putnam, F. W. (1997). *Dissociation in children and adolescents: A developmental perspective*. New York: Guilford.
Ross, C. A. (1997). *Dissociative identity disorder: Diagnosis, clinical features, and treatment (2nd Ed.)*. New York: Wiley.
Spiegel, D. (Ed.). (1993). *Dissociative disorders: A clinical review*. Lutherville, NM: Sidran Press.

PROFESSIONAL ORGANIZATIONS

American Professional Society on the Abuse of Children (APSAC)

407 S. Dearborn St., Suite 1300, Chicago, IL 60605 • 312/554-0166 • Fax: 312/554-0919

International Society for the Study of Dissociation (ISSD)

60 Revere Dr., Suite 500, Northbrook, IL 60062 • 847/480-0899 • Fax: 847/480-9282 • E-mail: conf@lssd.org

International Society for Traumatic Stress Studies (ISTSS)

60 Revere Dr., Suite 500, Northbrook, IL 60062 • 847/480-9028 • Fax: 847/480-9282 • E-mail: conf@istss.org

OTHER RESOURCES

Professional Books

215 California St., Newton, MA 02158 • 800/210-READ • Fax: 617/630-9396 • E-mail: Read9Books@aol.com

Sidran Foundation Bookshelf

2328 West Joppa Road, Suite 15, Lutherville, MD 21093 • 410/825-8888 • Fax: 410/337-0747

• Non-profit organization devoted to advocacy, education, and research in support of people with psychiatric disabilities. Publishes books and resources related to childhood trauma and dissociative disorders.

Stern's Book Service

5804 North Magnolia Street, Chicago, IL 60660 • 312/561-2121 • Fax: 312/769-4460

• Extensive mail order catalogue of psychology/psychiatry resources.